My 7-Day PALS Challenge

Color a star for each one you do!

	I Moved & Played	I Ate Something Colorful	I Drank Water	I Did Something Strong
Monday	☆	☆	☆	☆
Tuesday	☆	☆	☆	☆
Wednesday	☆	☆	☆	☆
Thursday	☆	☆	☆	☆
Friday	☆	☆	☆	☆
Saturday	☆	☆	☆	☆
Sunday	☆	☆	☆	☆

I colored _____ stars this week!

You don't need every star. Every try counts!

